### HAMPSHIRE COUNTY COUNCIL

#### Report

| Committee/Panel | I: Children and Families Advisory Panel                     |
|-----------------|---|
| Date:           | 25 June 2018  |
| Title:          | Family Support Service Progress Report                      |
| Report From:    | Director of Children's Services                             |
| Contact name:   | Vicky Richardson, Family Support Service Lead, Children and |

Contact name: Families Branch

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#### 1. Recommendation

1.1. That the Children and Families Advisory Panel note the continued progress of the Family Support Service.

#### 2. Summary

2.1 The purpose of this report is to update the Children and Families Advisory Panel on activity within the Family Support Service across Hampshire. Following Executive Member Decision Day on 1 July 2016, the new Hampshire County Council Family Support Service (FSS) commenced on 1 December 2016, combining Children's Centres, Early Helps Hubs and the youth support budgets into a single Family Support Service targeted at the county's most vulnerable children and families. In summary the new Family Support Service has brought together a wide range of highly skilled practitioners who are now offering innovative and effective interventions with a large number of children and families across Hampshire. Data evidences that more children and families have been reached and engaged within the new service through increased variety of activity than was the case with the former Early Help Offer. In addition, the positive feedback received reflects the positive impact of the new service.

#### 3. Contextual Information

3.1 Hampshire Safeguarding Children's Board and Hampshire's Children's Trust remain committed to providing Early Help services in Hampshire, as identified in the 2015-2018 Children's and Young People's Plan. Early Help means: "Identifying as early as possible if a child or family need support enhancing parental capacity, helping them to access services, and working together to ensure this has maximum impact".

- 3.2 The purpose of this report is to provide an update on Family Support Service activity across Hampshire within the preceding 12 months. This report will evidence the numbers of children and families reached and engaged within Hampshire's 0-19 multi-agency Early Help Offer; the quality of the service being delivered by the multi-agency group, and the future direction of travel for the service in strengthening the resilience of children and families across Hampshire.
- 3.3 This report will draw on evidence collated within the Children's Services Department Family Support Service 2016-2017 Service Plan; evidence from case file audits, and the views of practitioners across the Early Help multiagency group.

#### 4. The Early Help Hub

- 4.1 The Early Help Hub has continued to play a central role in offering a coordinated, multi-agency response to vulnerable families at Level 3 with children aged 0-19 (up to 25 years for young adults with learning difficulties and/or disabilities). Hubs meet weekly across the 11 districts in Hampshire to identify support tailored to the specific needs of children who have stepped down from statutory children's social care interventions at Level 4 (following completion of specialist work and reduction of risk) as well as those children who have stepped up from Level 2 via schools and the community, as risks and increasing needs are identified. The Hubs continue to be managed and coordinated by the Family Support Service.
- 4.2 Maximising output to reach Hampshire's most vulnerable families has been a focus of the new service and data evidences that more children and families have been reached and engaged within the new service through increased variety of activity than was the case with the former Early Help Offer. As the service continues to grow and strengthen, it is anticipated even more families will be reached moving forward. Indeed, the number of cases open at Level 3 Early Help Hub at the end of February 2018 was 3288 children (1403 families). Quarter 3 saw the highest number of children and families being reached in the preceding 12 months. Of these 45 per cent were held by the Family Support Service in the Early Help Co-ordinator role. The remaining 55 per cent of cases were coordinated by another agency who acts as the lead Early Help Co-ordinator.
- 4.3 Strong working relationships are acknowledged to be central to the effectiveness of the multi-agency group within the Early Help Offer and the Family Support Service has been proactive in providing Early Help Co-ordinator workshops to partner agencies to support colleagues in their lead coordinator roles as well as in undertaking joint visits. Peer supervision sessions are also provided to develop frontline practice in partner agencies

and to support a greater understanding of thresholds as well as the delivery of quality services to promote best outcomes for children and families.

- 4.4 Targeted Early Help with a clear focus on preventative approaches is central to the Level 3 Family Support Service offer and intensive 1-1 family support interventions tailored to individual needs are offered to parents and carers and their families as skilled practitioners within the Family Support Service draw on a range of theoretic models using a solution focused approach to meet a range of complex needs.
- 4.5 One to one interventions may include: mediation; advocating; advice/information; motivation; signposting; positive communication; enabling; anger management; building self confidence/self esteem; building resilience; enabling and encouraging families to access appropriate services.

#### 5. Evidenced Based Parenting Groups

- 5.1 Evidenced Based Parenting Groups remain part of the Family Support Service offer, delivered in local venues by Family Support Service practitioners and also co-facilitated in partnership with early help colleagues.
- 5.2 Each district publishes a termly timetable of courses and groups identified to meet the needs of its local community. Groups can include Cook and Eat, Family Links, HENRY (Health, Exercise and Nutrition for the Really Young) and PEEP (Peers Early Education Partnership).
- 5.3 Referrals to the groups are increasing however work continues to increase knowledge of the variety of courses available across the Early Help Offer as well as to explore how families can be better supported to remain engaged. Of note is that Quarter 3 data evidences a decrease in the number of cases closed to the service due to families withdrawing consent or refusing to engage. This reduction is attributed to practitioners being creative in exploring alternative means of meeting and encouraging engagement with parents prior to or at the start of the service's involvement. Close collaboration is taking place with social care staff to support continued engagement for those cases stepping down from Level 4.

#### 6. Measuring Outcomes

6.1 Evidencing the impact of early intervention and the Family Support Service in strengthening the resilience of Hampshire children and families is a priority within service planning, and in April 2017 the Outcomes Star assessment tool was implemented to track progress and outcomes for all Level 3 cases. This evaluation tool is used by Family Support Service practitioners to support families in understanding the impact of early intervention and to enable them to work together to demonstrate distance travelled. It also measures success for individual families and demonstrates impact of interventions for the Service as a whole.

- 6.2 Stars including Family Star, My Star and Teen Star (for use with teenagers displaying risky behaviours) are completed collaboratively with children and families and measure engagement, as well as how families feel about the difficulties they are facing, and what they say and do. At the point of case closure, use of the stars also encourages feedback to gain views and to use this feedback to improve the service. This provides the greatest indicator of the progress made by families and the impact of planned Family Support Service and intervention. Early help case files audited in 2017 showed that 76 per cent of children's wishes or feelings were recorded and in 76 per cent of cases this was evidenced to have influenced planning.
- 6.3 Training is being delivered to staff to support use of the Stars to ensure that participation underpins service planning and delivery moving forward. For Family Support Service practitioners and managers, it is also a helpful tool to use in supervision to assess the impact of the service being delivered and case direction.
- 6.4 Early Help case file audits in 2017 evidenced that intervention had positively improved the child's circumstances in 84 per cent of cases with improved outcomes in 85 per cent of cases.

#### 7. Level 2

- 7.1 For families assessed as Level 2 (lower level need), there continue to be a range of interventions available provided by a single agency or via partnership working. The Family Support Services continues to provide group work for Level 2 families and bookable surgery sessions to look at a single issue and to prevent their needs escalating to Level 3.
- 7.2 The new Level 2 service has been well received by partner agencies. The service also recognises its role in building capacity and confidence with multi-agency practitioners and therefore offers (with partner involvement) a range of support and development opportunities including a telephone consultation line, joint visiting and training opportunities to share good practice.
- 7.3 Embedding of the new service has seen Innovative practice develop across the county at Level 2. From support for parents and carers to confidently talk to their children about sex, relationships, puberty, STI's and contraception to small group work for 11-13 year olds to help with low self esteem and anxiety issues, Hampshire's Family Support Service is now driving a range of innovative interventions for children and families at a district level including:
  - Whole school assemblies for secondary school children, delivering e-safety advice to 400 students
  - Co-delivery of Family Links Nurture courses with Family Nurse Partnership colleagues in schools across communities

• Joint working with library rhyme time sessions to identify vulnerable families and speech and language delays

• Participation events for parents and families who have been involved with the service

• Linking in with parents home schooling children

• Attendance at early years settings and school coffee mornings to meet with parents and professionals and share information about courses and surgery sessions

• Facilitation of multi-agency workshops for professionals to explore how they can support young people's emotional and mental health

#### 8. The effectiveness of the multi-agency group

- 8.1 Partnership working has been a continued focus since the launch to encourage buy-in to the Early Help model and increase capacity. This has been a real success. District weekly hub meetings are well attended by partner agencies who are able to share their advice and knowledge. The Family Support Service continues to actively work with partners to identify gaps in services and to support the development of services to meet the needs of children, young people and their families specific to individual districts.
- 8.2 It is recognised that there are some demographic differences between the areas which necessitate differing approaches and priorities. The Family Support Service is striving to develop and improve upon the provision of services to meet the needs of children, young people and their families within each individual area.
- 8.3 For example, the Level 2 requests for service are collated and analysed within districts as this process identifies specific needs locally that can be responded to by developing priority groups. In Test Valley the service developed emotional well being and mental health groups with the voluntary sector and CAMHS. Eastleigh and Winchester Family Support Service work closely with colleagues in adult mental health services in providing support groups to parents who have low to moderate levels of mental health difficulty as well as providing direct work with parents who are experiencing child to parent violence. Similarly, East Hants Family Support Service operate drop in surgeries in the local secondary schools. Mobile work seeks to deliver services to those who are either geographically isolated or marginalised such as use of the Daisy Bus (Mobile Unit) to work with local refuges.
- 8.4 In 94 per cent of Early Help files audited there was evidence of appropriate multi-agency engagement and in these cases 90 per cent had resulted in improved outcomes for children and their families. Agency feedback collated for the service review in 2017 highlighted the following professional views:

- Relationships with partner agencies has improved
- 0-19 provision is better for children and families
- Excellent information sharing and multi agency working, providing families with a holistic approach
- Much smoother referral process. More families given support in the home
- The weekly meetings are great to have all agencies around the table
- Lots of training/workshops are available for professionals
- More coordinated. I feel I know who to go to and how to do it and that there will be a positive response
- 8.5 Children's Centres continue to be well used across the county by voluntary and statutory services with health being a key partner. The services provided from the centres are targeted at families most in need. There is excellent engagement with voluntary sector and Children's Centres are well used by agencies providing a wide range of services at Level 2 and Level 3.

### 9. Promoting Attendance and Attainment

9.1 Finally, the Family Support Service continues to play a key role in promoting the educational attendance and attainment of Hampshire's children through its Legal Intervention Team and district-based Legal Intervention Court Officers. To bring together Education and Children's Service Department in promoting attendance, a dedicated Attendance Officer post has been developed to work closely with schools to address attendance concerns and share good practice inter-agency.

#### 10. District Activity

- 10.1 Creation of the new Family Support Service has brought together a wealth of skills, knowledge and expertise to the benefit of Hampshire's families. Each of the 11 districts has developed services to meet the specific needs of its geographical area in line with local needs analyses. These interventions include:
  - Fareham & Gosport supporting a home school support group for motivated parents to meet with their children, who are predominantly experiencing anxiety or have ADHD (Attention Deficit Hyperactivity Disorder) diagnosis and providing a venue for other agencies to come in and meet with these families (none Level 3 or 4) and talk about their services
  - Hart & Rushmoor weekly Service Forces Support group to meet the needs of the community. Sessions include child development support workshops, guest speakers, parent advice sessions and signposting to other agencies

- Havant transition planning groups held with Hampshire Youth Access to support young people displaying anxiety and needing support to prepare for transition to secondary school.
- New Forest Talking Teens programme offering ideas and strategies for parents to maintain boundaries, motivation and support for young people in an emotionally healthy context. Workshops include the foundations of positive parenting: providing warmth and structure, the teenage brain, sleeping habits, handling difficult issues such as drugs & alcohol, social media, sex, sexuality, staying safe, boundaries and problem-solving.
- Eastleigh & Winchester Delivery of the Family Links Nurturing Programme to support parents in understanding and managing feelings and behaviour and become more positive and nurturing in their relationships with children and each other.
- Test Valley Facilitating the Freedom Programme, to support women in gaining the knowledge skills to protect themselves and their children in relationships
- East Hants Weekly mobile Daisy bus service for children, parents and carers living in short term hostel accommodation offering play work, parenting advice and signposting to local services.
- 10.2 More detail on each district based Family Support Service activity can be seen at Appendix one.

### 11. Future Direction

11.1 As the new Family Support Service continues to grow and strengthen, it is anticipated even more vulnerable children and families across Hampshire will be reached moving forward.

#### CORPORATE OR LEGAL INFORMATION:

#### Links to the Strategic Plan

| Hampshire maintains strong and sustainable economic growth and prosperity: | yes |
|--|-----|
| People in Hampshire live safe, healthy and independent lives:              | yes |
| People in Hampshire enjoy a rich and diverse environment:                  | yes |
| People in Hampshire enjoy being part of strong, inclusive communities:     | yes |

#### Other Significant Links

| Links to previous Member decisions:                           |             |
|---|-------------|
| Title   | <u>Date</u> |
| Proposed Family Support Service – Executive Lead Member for   | 1 July 2016 |
| Children's Services Decision Day                              |             |
|   |             |
| Direct links to specific legislation or Government Directives |             |
| Title   | <u>Date</u> |
|   |             |
|   |             |

#### Section 100 D - Local Government Act 1972 - background documents

The following documents discuss facts or matters on which this report, or an important part of it, is based and have been relied upon to a material extent in the preparation of this report. (NB: the list excludes published works and any documents which disclose exempt or confidential information as defined in the Act.)

<u>Document</u>

Location

None

### IMPACT ASSESSMENTS:

#### 1. Equality Duty

- 1.1. The County Council has a duty under Section 149 of the Equality Act 2010 ('the Act') to have due regard in the exercise of its functions to the need to:
- Eliminate discrimination, harassment and victimisation and any other conduct prohibited under the Act;
- Advance equality of opportunity between persons who share a relevant protected characteristic (age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, gender and sexual orientation) and those who do not share it;
- Foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

#### Due regard in this context involves having due regard in particular to:

- a) The need to remove or minimise disadvantages suffered by persons sharing a relevant characteristic connected to that characteristic;
- b) Take steps to meet the needs of persons sharing a relevant protected characteristic different from the needs of persons who do not share it;
- c) Encourage persons sharing a relevant protected characteristic to participate in public life or in any other activity which participation by such persons is disproportionally low.

#### 1.2. Equalities Impact Assessment:

(a) The proposal will have no or low impact because the Family Support Service is available to all adults and children in line with assessed need regardless of any protected characteristic. Each individual need is assessed and if an individual has a characteristic that means they require additional support to access the service, ie disability/language, the service is responsive to that in order to enable access.

#### 2. Impact on Crime and Disorder:

2.1. In line with the Children and Young Peoples plan 2015-18 priorities, the Family Support Service supports people in Hampshire to enjoy being part of strong, inclusive communities.

# 3. Climate Change:

a) No impact.

# Appendix One – Family Support Service District Based Activity

# Test Valley

| Day      | Time                 | Group Name   | Age Group  | Venue   | Frequency  | Booking  |
|----------|----------------------|--|--|---|--|--|
|          | 9.30am to<br>11.30am | Freedom Programme  | All ages   | Spring Meadow CC  | Course of 12 weeks<br>(Term time only)<br>Starting 14 <sup>th</sup> May 2018               | Yes, contact Andover<br>Crisis Team.   |
| Monday   | 12.30 to<br>2.30pm   | Family Links Parenting<br>Course The Parenting<br>Puzzle | For Parents with<br>children aged 5 –<br>12 years. | Spring Meadow CC  | Weekly<br>Starting 23th April to 16 <sup>th</sup> July<br>18                               | Yes<br>Joint delivery with<br>Barnardo's. Referral form<br>is needed.          |
|          | 9am to 1pm           | SOS<br>(30 minute<br>appointment)                        | All ages 0- 19 years                               | Spring Meadow CC or<br>Andover Area – flexible to<br>suit the needs of the parent | Weekly appointments  | Level 2 referral form to be<br>completed and sent to<br>FSS Duty email account |
|          | 1.30pm to<br>2.30pm  | Growing Together   | For parents up to the age of 25 years              | Spring Meadow CC  | Term Time Only<br>TO BE CONFIRMED  | Yes, contact<br>admin@ybrp.org.uk  |
| Tuesday  | 12.20 to<br>2.30pm   | You Matter   | For parents up to the age of 35 years              | Spring Meadow CC  | Term Time Only<br>Starting April 2018  | Yes, contact<br>admin@ybrp.org.uk  |
|          | 6pm to<br>8.30pm     | Cygnet Programme   | Parents with<br>children with an<br>ASC.           | Spring Meadow CC  | Course of 12 weeks<br>25 <sup>th</sup> April to 18 <sup>th</sup> July 18                   | Yes<br>Joint delivery with<br>Barnardo's. Referral form<br>is needed.          |
| Thursday | 10am to<br>12noon    | TEEN Talk  | For parents with teenage children                  | Spring Meadow CC  | Course of 4 weeks<br>Starting 19 <sup>th</sup> April to 10 <sup>th</sup> May               | Yes via Paula Willetts and<br>Kate Connor<br>01264 387453                      |
| Thursday | 10am to<br>12noon    | HENRY  | For parents with children 0-5 years                | Spring Meadow CC  | Course of 10 weeks including<br>some family sessions<br>Starting 7 <sup>th</sup> June 2018 | Yes via Rosie Reeves and<br>Abby Courtney<br>01264 387453                      |
|          | 1.15pm to<br>3.30pm  | Earl Help Hub Meeting                                    | For professionals                                  | Spring Meadow CC  | Weekly   | Referral and invite only.  |
| Friday   | 9.30am to<br>1pm     | SOS  | All ages 0- 19 years                               | Romsey Area – flexible to suit the needs of the parent                            | Weekly appointments  | Level 2 referral form to be<br>completed and sent to<br>FSS Duty email account |
|          | 10am to<br>12noon    | Family Links Nurture<br>Programme                        | For parents with<br>Primary School age             | Spring Meadow CC  | Course of 10 weeks<br>Starting 18 <sup>th</sup> May 2018                                   | Yes via Chris Hancock &<br>Kate Connor   |

|  |  |   | children  |   |   |   | 01264 387453  |
|--|--|---|---|---|---|---|---|
| Saturday   | 9.30am to<br>11.30am                             | Dad's Club  | Dad's with children   | Spring Meadow   | CC  | Fortnightly<br>Term time only                             | No, just turn up!   |
|  |  |   | Child   | Health Clinics  |   |   |   |
| Mono   | dav  | Tuesday   |   | ednesday  | Thu   | rsday   | Friday  |
|  | - <b>-</b>                                       | Spring Meadow Childr<br>Centre, Andover, SP11 6<br>9.00am -12.30pm<br>weekly  | ren's Romse<br>JP S<br>(behi  | y Abbey Rooms<br>SO51 8EP<br>nd the Abbey)<br>pm to 3pm<br>weekly   | Shipton Bellin<br>SPS<br>10.30am              | ger Village Hall,<br>9 7TF<br>1 -11.30am<br>he month      |   |
|  |  | Gill Nethercott Centr<br>Whitchurch, RG28 7<br>10.00am - 11.30am<br>1 <sup>st</sup> of the month on                           | HP  |   | Centre, SO<br>1.30pm<br>1 <sup>st</sup> of th | n -2.30pm<br>ne month                                     |   |
|  |  |   |   |   | Centre, SO<br>1.30pm                          | vn Community<br>21 2RG<br>- 2.30pm<br>ne month            |   |
|  |  |   | Bre   | eastfeeding   |   |   |   |
| Breastfeeding<br>NCT Breastfeed<br>0300 330 0700 (<br>dail<br>National Bre<br>Helpline - 030<br>(9.30am-9.3) | (8am-midnight<br>y)<br>astfeeding<br>00 100 0212 | Tuesday<br>Spring Meadow Children <sup>*</sup><br>Centre<br>10.00am to 11.30am<br>Tel: Paula 07867 5350<br>Rachel 07771 82434 | <sup>'s</sup> <b>Local N</b><br>Ca<br>Andover<br>Whitchur<br>99 or Wincheste<br>43 Winchest | <b>T Breastfeeding</b><br><b>Dunsellors</b><br>r – Rachel 07771<br>824343<br>ch - Paula 07867<br>535099<br>sr - Jane 07824 375<br>871<br>ter - Jennie 07502<br>213811<br><i>J</i> indy 07769 040509 | Bossom Pals,<br>Church Ha                     | <b>rsday</b><br>Romsey Baptist<br>all, Romsey<br>o 12noon | FREE Antenatal Breastfeeding<br>sessions<br>For more information, call<br>Kat 07724 122237, Rachel<br>07771 824343 or Paula 07867<br>535099 |

### Winchester April timetable

| Monday                    | Tuesday            | Wednesday      | Thursday                         | Friday                          |
|---------------------------|--------------------|----------------|----------------------------------|---------------------------------|
| SPEAKEASY                 | SOS/ADVICE SE      | •              | HENRY                            | TALKING TEENS                   |
| Denmead Infant School     | St John the Bap    | tist Primary   | Level 10 Church, Stanmore        | Kings School                    |
| Denmead, PO7 6PN          | School, Solomo     | ns Lane        | Lane, Winchester, SO22 4BT       | Romsey Road, SO22 5PN           |
| Starts 23rd April 2018    | Waltham Chase      | e, SO32 2LY    | Starts 18th April 2018           | Starts: 27th April 2018         |
| 9.30-11.30am              | Starts 17th April  | 2018 9.30-12am | 10-12pm                          | 10-12pm                         |
| WRAP                      |                    |                | FAMILY LINKS                     |                                 |
| Winchester Well Being Cer | ntre               |                | Winnall Primary School, 31       |                                 |
| Priory Gardens, Parchmen  | it St,             |                | Garbett Road, Winchester,        |                                 |
| Winchester SO23 8AU       |                    |                | SO23 ONY                         |                                 |
| Starts 4th June 2018      |                    |                | Start date 25th April 2018 9.30- |                                 |
| 10am-12am                 |                    |                | 11.30am                          |                                 |
| SOS/ADVICE SESSION        | Please note all o  | courses are by | NVR                              | To refer a parent/carer onto    |
| Kings Worthy Primary Sch  | ool, referral only |                | United Reform Church             | one of these courses, please    |
| Church Lane,              |                    |                | Jewry Street, Winchester, SO23   | complete a Request for FSS      |
| Kings Worthy, SO23 7QS    |                    |                | 8RZ                              | level 2 Service form and return |
| Starts 23rd April 2018    |                    |                | Starts 26th April 2018           | to                              |
| 1-3pm                     |                    |                | 6-8pm                            | winchester.earlyhelp@hants.go   |
|                           |                    |                |                                  | v.uk To obtain the form or      |
|                           |                    |                |                                  | further information please      |

email above or call 02380

498176

Eastleigh April timetable 2018

Monday WRAP Eastleigh Wellbeing Centre Leigh Road, SO50 9DS Starts 16th April 2018 10am-12pm

SOS/ADVICE SESSIONS Eastleigh Library Swan Centre Eastleigh SO50 5SF Starts 17th April 2018 1-3pm Peep On Talking Norwood Pre School Chamberlayne Road, Eastleigh, SO50 5JL Starts 24th April 2018 1-30-3pm Tuesday FREEDOM Wells Place, Eastleigh, SO50 5LJ Starts 17th April 2018 10am-12pm

Wednesday SOS/ADVICE SESSIONS Wellstead Primary School, Wellstead Way, Southampton, SO30 2LE Starts 18th April 2018 9.30am-12pm NVR **Pilands Wood Centre.** Chamberlayne Rd, Southampton SO31 8DT Starts 25th April 2018 10-12pm To refer a parent/carer onto one of these courses, please complete a **Request for FSS level 2 Service form and return to** eastleigh.earlyhelp@hants.gov. uk To obtain the form or further information please email above or call 02380 498176

Thursday FAMILY LINKS Wellstead Primary School Wellstead Way, Southampton, SO30 2LE Starts 26th April 2018 9.30-11.30am Friday FAMILY LINKS Freeground Junior School Hobb Lane Hedge End, SO30 0GG Starts 27th April 2018 9.30-11.30am

#### SPEAKEASY

Netley Junior School, Westwood Road, Netley, SO31 5EJ Starts 26th April 2018 1-3pm FAMILY LINKS Crescent Primary School Starts 26th April 2018 6-8pm

# New Forest

| Day        | Time             | Facilitator        | Area                      | Dates                                |
|------------|------------------|--------------------|---------------------------|--------------------------------------|
| Tuesdays   | Freedome         | Rachel Burgess     | Totton Area               | 1 May -24 July (exc 29 <sup>th</sup> |
| 12-2pm     |                  | You Trust          |                           | May)                                 |
| Thursday   | Parenting Puzzle | Kayley Blackwell   | Pennington Junior School  | 3rd May – 19th July                  |
| 9.30-11.30 |                  | Anne-Marie Ashford |                           | exc 31st May                         |
| Tuesday    | Parenting Puzzle | Carol Mitchell     | Foxhill Junior            | 1st May – 10th July                  |
| 10-12      |                  | Maharla Ryan       | School                    | exc 29th May                         |
| Wednesday  | Talking Teens    | Martin Davis       | Applemore School          | 6th June – 27th June                 |
| Tbc        |                  | Sharon Wood        |                           |                                      |
| Thursday   | Talking Teens    | Martin Davis       | Greyfriars, Ringwood      | 3rd May – 24th May                   |
| Tbc        |                  | Sharon Wood        |                           |                                      |
| ТВС        | HENRY            | Lisa Childs        | Cadland Children's Centre | ТВС                                  |
|            |                  | Health?            |                           |                                      |
| Fridays    | Messy Play       | Anne-Marie Ashford | Mulberry Centre           | Ongoing every Friday                 |
| 10-11.30   |                  | Charlie Reed       | Marchwood                 |                                      |
| Tuesdays   | PEEP on Talking  | Anne-Marie Ashford | Cadland Childrens Centre  | 24th April – 3rd July                |
| 10-11.360  |                  | Charlie Reed       |                           |                                      |

#### Havant

| MONDAY<br>SOS Level 2 Support. FSS  | TUESDAY<br>Who's in Charge @Sharp<br>Copse, SDAS 23/4-16/7<br>9.30-11.30pm( Term Tim<br>only) | under 8's  | THURSDAY<br>PEEP on Talking@Dates<br>and venues TBC, FSS<br>) | FRIDAY<br>SOS Level 2 Support, FSS            |
|---|---|--|---|---|
| HENRY@Sharps Copse, FSS<br>9.30-11.30pm<br>17/4-12/6 (Term Time only)<br>Family Links Nurture @Rider<br>9.30-11.30am 8/5-17/7 | s School, FSS SOS   | Teen Famil   | y Links @Hayling Island FSS 9.3<br>Ferm time only)            | 30-11.30am<br>rture@ TBC Mill Hill 10/05-19/7 |
| Freedom @Sharps Copse, SD<br>23/4-16/7 (Term Time only)<br>12.30-2.45pm<br>Help Yourself Shine @Sharps<br>Time only)          | Tean<br>Wee<br><i>(Follo</i><br>you)  | kly 10.00<br>v on support group from Knowing me<br>5/5-26/6 (Term Teen Famil | Barnardos 12.30<br>5/1-23/3 (Term                             | Time only)                                    |

# Fareham & Gosport

| Monday                             | Tuesday                           | Wednesday             | Thursday                        | Friday                          |
|------------------------------------|-----------------------------------|-----------------------|---------------------------------|---------------------------------|
| Session                            | Session                           | Session               | Session                         | Session                         |
| PEEP on Talking                    | Family Links Nurture              | HENRY                 | Family Links Nurture            | Baby PEEP – cancelled           |
| 9.30-11.30am                       | 9.30-11.30am                      | 9.30-11.30am          | 9.30-1130am                     | due to low take up              |
| Oak Meadow Children's<br>Centre    | Locksheath Junior School          | Rowner Youth Building | Oak meadow Children's<br>Centre |                                 |
| SOS                                | SOS                               | SOS                   |                                 | Home school support             |
| Gosport                            | Oak Meadow                        | Gosport               |                                 | group                           |
|                                    |                                   |                       |                                 | 10-1130am                       |
|                                    |                                   |                       |                                 | Oak Meadow Children's<br>Centre |
| Family Links Nurture               | Young Parents                     | Family Links Nurture  | PEEP on Talking                 |                                 |
| ,<br>12.45- 2.45pm                 | 1- 2.30pm                         | 12.45 -2.45pm         | 12.45-2.45pm                    |                                 |
| Newtown School                     | Little Waves Children's<br>Centre | Haselworth School     | Rowner Community<br>Centre      |                                 |
| Young Parents                      |                                   |                       |                                 |                                 |
| 1- 2.30pm                          |                                   |                       |                                 |                                 |
| Oak Meadow – last group<br>31/4/18 |                                   |                       |                                 |                                 |
| Talking Teens FLN                  |                                   | Family Links Nurture  |                                 |                                 |
| 5.30 -7.30pm                       |                                   | 6pm -8pm              |                                 |                                 |
| Fareham Academy                    |                                   | Rowner Community      |                                 |                                 |
|                                    |                                   | Centre                |                                 |                                 |

## East Hants

| Day                             | Time              | Group Name                       | Age Group   | Venue  | Frequency  | Booking |
|---------------------------------|-------------------|----------------------------------|---|--|--|---------|
| TUESDAY                         | 9.30 –<br>11.30am | HENRY                            | Parents of children aged 0 – 5 years  | Woodlands Hall<br>Headley Down                                   | 8 week course<br>commencing<br>1 May 2018                            | Yes     |
|                                 | 1.00 –<br>2.30pm  | Young Parents<br>Group           | Parents/carers<br>under 25 years and<br>children                              | Liphook Guide Hall<br>Millennium Centre<br>Liphook               | Weekly (term time<br>only)<br>Commencing<br>1 <sup>st</sup> May 2018 | No      |
| WEDNESDAY                       | 9.30 –<br>11.30am | Early Help Hub                   | Professionals   | Community Room<br>Bordon Infant<br>School<br>Bordon              | Weekly   | No      |
|                                 | 7pm – 9pm         | Parent Talk                      | Families of children<br>aged 11 to 15<br>years                                | Liphook Community<br>Room<br>Liphook Infant<br>School<br>Liphook | 6 week course<br>commencing<br>18 April 2018                         | Yes     |
| THURSDAY                        | 9:30 –<br>11.30am | Legal<br>Attendance<br>Panel     | Professionals   | Mill Chase School<br>Bordon                                      | 3 <sup>rd</sup> Thursday of the month                                | No      |
|                                 | 9.30 –<br>11.30am | Family Links<br>Nurturing Course | All   | Bordon Youth<br>Centre<br>Mill Chase School<br>Bordon            | 10 week<br>commencing<br>26 April 2018                               | Yes     |
| Mobile Unit<br>DAISY<br>Service | 1.30 – 2.30       | Young Stars                      | Parents/carers and<br>children living in<br>Hostel temporary<br>accommodation | Chase Court<br>Hostel<br>Lindford                                | Weekly<br>commencing<br>19 April 2018                                | No      |

| Service | FRIDAY<br>Mobile Unit<br>DAISY<br>Service | 1.00 – 2.00 | Young Stars | Parents/carers and<br>children living in<br>Hostel temporary<br>accommodation | Bramble Court<br>Hostel<br>Petersfield | Weekly<br>commencing<br>20 April 2018 | No |
|---------|---|-------------|-------------|---|--|---------------------------------------|----|
|---------|---|-------------|-------------|---|--|---------------------------------------|----|

**SOS Parenting Support:** 

Will support parents to change their child's behaviour, address any childhood challenges, or issues/concern, e.g. emotional well being, routines, financial concerns, housing, sleep, substance misuse, toileting/personal hygiene. There will be an initial one to one 60 minute session with a follow up call with a Family Support Worker.

These sessions are delivered in the community on a day suitable for the parents.

If you have a family who you feel would benefit from this service, please send us a completed level 2 referral form (signed by parent) we will then contact the parent to schedule an appointment.

### Hart & Rushmoor

|          | Μοι  | Morning  |              | ernoon  | Evening & Outreach   |
|----------|--|--|--------------|---|--|
| Location | Turners Wood                               | Park   | Turners Wood | Park  |  |
| Monday   | <b>SOS Parents</b><br>9.30am – 12.30<br>pm |  |              | Family Links<br>Talking Teens<br>4 weeks<br>25 <sup>th</sup> June – 16 <sup>th</sup> July<br>12.30pm – 2.30pm<br>Enrolment Day 18 <sup>th</sup><br>June 12.30pm | Forces Support<br>@ Quetta Park Community Centre<br>10.00am – 11.30am<br>Weekly sessions   |
| łay      |  | Incredible Years<br>12 weeks<br>24 <sup>th</sup> April – 17 <sup>th</sup> July<br>(excluding 29 <sup>th</sup> May)<br>10.00am – 12noon |              | SOS Parents<br>1.00pm - 4.00pm  | Parent Factor<br>@ Mayfield Community Centre<br>9 week course<br>12.30pm – 2.30pm<br>24th April – 26th June<br>(excluding 29th May)  |
| Tuesday  |  |  |              |   | Parenting Puzzle<br>@ Oakwood Infants School<br>(Little Saplings Childrens Centre)<br>4 week course<br>24 <sup>th</sup> April – 15 <sup>th</sup> May<br>10.00am – 12noon<br>Enrolment 17 <sup>th</sup> April 10.00am |

|           | Workshops<br>including eat well for<br>less and let's get<br>active. Dates and<br>Times to be<br>confirmed | Workshops including<br>eat well for less and<br>let's get active. Dates<br>and Times to be<br>confirmed. | Workshops –<br>Eat well for less<br>'@ Wellington Community Primary<br>School<br>18 <sup>th</sup> April.<br>1.00pm – 2.30pm   |
|-----------|--|--|---|
| Wednesday | How Boys Learn<br>Workshop<br>6 <sup>th</sup> June<br>1.00pm – 2.30pm                                      |  | Family Links Nurture Programme<br>@ Turners Wood Childrens Centre<br>10 week course<br>2 <sup>nd</sup> May – 4 <sup>th</sup> July<br>(including half term)<br>6.30pm – 8.30pm<br>Enrolment 25 <sup>th</sup> April 6.30pm – 7.30pm |
|           |  |  | <b>Speakeasy</b><br>@ Fernhill Secondary School<br>8 week course<br>2 <sup>nd</sup> May – 27 <sup>th</sup> June<br>(excluding 30 <sup>th</sup> May)<br>1.00pm – 2.30pm  |

|          | Baby PEEP<br>6 weeks<br>26 <sup>th</sup> April – 31 <sup>st</sup> May | Quetta SOS Parents<br>@ Quetta Park Community Centre<br>9 30am – 12 30pm |
|----------|---|--|
| Thursday |   |  |
|          |   |  |

| Friday | .SEN (Support<br>Encourage<br>Nurture) Group<br>Weekly sessions<br>10.00am – 11.30am<br>Start Date TBC | PEEP on Talking<br>9.30am – 11.00am<br>10 weeks<br>Starting 2 <sup>nd</sup> March -<br>18 <sup>th</sup> May<br>(excluding 6 <sup>th</sup> and 13 <sup>th</sup><br>April) | Family Links<br>Talking Teens<br>4 week course<br>4 <sup>th</sup> May – 25 <sup>th</sup> May<br>1.00pm – 3.00pm<br>Enrolment 27 <sup>th</sup><br>April 1.00pm | HENRY<br>@ the Prospect Centre<br>9.30am – 11.30am<br>8 weeks<br>Starting 20 <sup>th</sup> April – 15th June<br>(excluding 1 <sup>st</sup> June)<br>Outdoor PEEP<br>@Fleet Pond<br>6 weeks<br>15 <sup>th</sup> June – 20 <sup>th</sup> July<br>1.00pm – 2.30pm |
|--------|--|--|---|--|
|--------|--|--|---|--|

# Basingstoke

| Day     | Time          | Group Name  | Age Group  | Venue  | Frequency   |
|---------|---------------|---|--|--|---|
|         | 9.15 – 11.15  | SOS   | All  | Honeycomb  | Weekly – on going<br>Please book a 30 minute time slot  |
|         | 9.30 - 11.30  | Speak easy  | Parents of children in yr<br>5 /6                                    | At a Junior school near you!<br>(Merton juniors) | 8 weeks<br>15 <sup>th</sup> Jan – 19 <sup>th</sup> March  |
| Monday  | 9.30 – 11.30  | Family Nurturing  | Parents of children aged<br>3 – 16 years                             | Honeycomb  | 10 week course<br>14 <sup>th</sup> May – 23 <sup>rd</sup> July<br>(Ex May BH)   |
| monody  | 9 – 3.00      | RCS<br>Functional skills<br>English                             | With crèche  | Honeycomb  | Weekly<br>Jan - March   |
|         | 6.00 - 8.00   | Teen Triple P   | Parents of children aged<br>11-16 Years                              | Honeycomb  | 8 week course<br>8 <sup>th</sup> Jan – 26 <sup>th</sup> Feb<br>(ex Feb ½ term)  |
|         | 9.30 – 11.00  | PEEP on talking<br>(Children attend with<br>their parent/carer) | Two or three year olds<br>who have delayed<br>language skills.       | Honeycomb  | 10 week course<br>27 <sup>th</sup> Feb – 15 <sup>th</sup> May<br>(ex Easter)  |
|         | 10.00 - 12.00 | Family Nurturing  | Parents of children aged<br>3 – 16 years                             | Oakridge Hall for All                            | 10 week course<br>9 <sup>th</sup> Jan – 20 <sup>th</sup> Mar<br>(ex Feb ½ term)   |
|         | 10.00 - 12.00 | Cook and Eat  | 0+   | Westside   | 6 week course<br>20 <sup>th</sup> & 27 <sup>th</sup> March & 17 <sup>th</sup> & 24 <sup>th</sup> April<br>(parent only sessions)<br>3 <sup>rd</sup> & 10 <sup>th</sup> April<br>(parent & child sessions) |
| Tuesday | 1.00 – 2.15   | Young Stars   | Parents & Carers under<br>25 years & children                        | Honeycomb  | On going  |
|         | 3.45 – 5.00   | Wellbeing and<br>anxiety workshops                              | Parents group & an<br>young peoples group<br>(either 11-14 or 15-17) | Honeycomb  | 6 week dual course for children & parents<br>TBC (No limits staff since left – awaiting<br>their recruitment)   |

|           | 6.00 - 8.00   | Family Nurturing                  | Parents of children aged<br>3 – 16 years                                      | Honeycomb   | 10 week course<br>27 <sup>th</sup> Mar – 26 <sup>nd</sup> June                        |
|-----------|---------------|-----------------------------------|---|---|---|
|           | 9.30 – 12.30  | HENRY                             | Parents of children aged<br>1 – 8 years                                       | At a Preschool near you!<br>(Parkview)  | 8 week course<br>18 <sup>th</sup> April – 13 <sup>th</sup> June                       |
| Wednesday | 10.00 - 12.00 | You Matter<br>(Yellow Brick Road) | From young people aged<br>16-34<br>With crèche                                | Westside  | 13 week course<br>18 <sup>th</sup> April  |
|           | 09.30 – 12.00 | Who's in Charge                   | Parents of children aged 10 to 15 years                                       | CAMHS (TBC)   | 8 week course commencing<br>18 <sup>th</sup> April – 13 <sup>th</sup> June            |
|           | 10.00 – 12.00 | Teen Talk – Nurturing             | Parents of Teenager's   | Barnardo's (Wote Street)  | 4 weeks (+week 0)<br>13 <sup>th</sup> June – 11 <sup>th</sup> July                    |
|           | am            | Early Help Hub                    | Professionals only  | Honeycomb   | Every week  |
|           | 9.30 -11.30   | Teen Talk – Nurturing             | Parents of Teenager's   | Cranbourne  | 1st March – 22 <sup>nd</sup> March  |
| Thursday  | 9.30 -11.30   | Family Nurturing                  | Parents of children<br>transitioning through<br>preschool to Year R or<br>Yr1 | At an infant school near<br>you!<br>(JA to chase venues after ½<br>term – initially Park View<br>expressed an interest) | 4 week course<br>21 <sup>st</sup> June – 12 <sup>th</sup> July                        |
|           | 12.45 – 2.45  | Incredible Years                  | Parents of children aged<br>3 – 8 years                                       | Honeycomb   | 14 week course<br>22 <sup>nd</sup> March – 21 <sup>st</sup> June                      |
|           | 9.15 – 11.15  | SOS                               | All   | Honeycomb OR<br>Remote sessions can be<br>block booked by schools /<br>nurseries or other venues                        | Weekly<br>Please book a 30 minute time slot<br>Settings to contact the FSS to arrange |
| Friday    | 10-11.30      | PEEP Movers                       | Parents <i>and</i> children<br>aged 0 – 5 years                               | Honeycomb   | 5 week course<br>23 <sup>rd</sup> Feb – 23rd March                                    |
|           | 10 -11.30     | PEEP<br>On Parenting              | Parents <i>and</i> children<br>aged 0 – 5 years                               | Honeycomb   | 10 week course<br>27 <sup>th</sup> April – 6 <sup>th</sup> July                       |

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# <u>To register your interest or book on any courses; call the Basingstoke Family Support</u> <u>Service on 01256 776189.</u>

| Addresses of Venues:   | Honeycomb Children's Centre, Chiltern Way,<br>Basingstoke, RG22 5BB                            |
|--|--|
| <b>Oakridge Hall For All</b> , Forsythia Close, Oakridge,<br>Basingstoke, RG21 5RG | Westside Community Centre, Paddock Road, South<br>Ham, Basingstoke, RG22 6QB                   |
| CAMHS, Bramblys Dr, Basingstoke RG21 8UN   | Contact FSS for information about the course being delivered at the venues ' <b>near you'.</b> |

|                         | Date / Time   | What?   | For who?  | Where?  | When?          |
|-------------------------|---|---|---|---|----------------|
| Professional            | 1 <sup>st</sup> Thursday of<br>ever month<br>12(ish) (drop in- to<br>be reviewed) | Professional peer<br>supervision  | All lead professionals are<br>welcome to attend to<br>discuss families and future<br>plans              | Honeycomb   | monthly        |
| support and development | 22 <sup>nd</sup> January<br>(further dates to<br>be added)                        | Evidenced Based<br>Programmes<br>(Parenting Courses)<br>Taster sessions | Sessions for all<br>professionals to<br>understand the content of<br>the EBP's.                         | Manorfield School<br>(contact FSS to book)<br>(Can be delivered at your<br>venue – call FSS to discuss) | 1 day sessions |
|                         | 1 <sup>st</sup> Friday of every<br>month<br>9.30-11.30 (drop<br>in)               | Safety Net Training   | Drop in sessions for<br>support with safety net<br>and (refresher) training for<br>safteynet. Essential | DMFH  | Monthly        |

| 11.30-1.30<br>(Safety net<br>training) |                                       | training for professionals<br>wanting to access<br>Supporting Families<br>funding.                  |                                  |           |
|--|---------------------------------------|---|----------------------------------|-----------|
| 12 <sup>th</sup> March 2018            | Professional<br>Development<br>Groups | Support session for<br>professional peers – with<br>learning opportunities and<br>peer supervision. | Honeycomb<br>(book via hantsnet) | Quarterly |
| Monday – Friday<br>8.30 - 4.30         | Duty consultation<br>line             | For all professionals to<br>call for advice and<br>information                                      | 01256 776146                     | Daily     |