

HAMPSHIRE COUNTY COUNCIL

Decision Report

Decision Maker:	Executive Member for Adult Social Care and Health
Date:	24 July 2019
Title:	Demand Management and Prevention Grants
Report From:	Director of Adults' Health and Care

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Purpose of this Report

1. The purpose of this report is to seek approval for making grant awards to the voluntary and community organisations outlined in this report as part of the Demand Management and Prevention Programme

Recommendation(s)

2. That approval be given by the Executive Member for Adult Social Care and Health to award the following grants:
 - i) To award grants totalling £111,720 to cover a 2 year period between 1 August 2019 and 31 July 2021 as part of the Local Solutions Grant as detailed in Appendix 1.
 - ii) To award Unity a grant totalling £30,000 to cover a twelve month period between 1 August 2019 and 31 July 2020 to towards a Connector service.
 - iii) To award St John's Winchester a grant totalling £30,000 to cover a twelve month period between 1 August 2019 and 31 July 2020 to towards a Connector service.
 - iv) To award Wessex Heritage Trust a grant of £6,000 to cover a period of 2 years and 7 months period between 1 August 2019 and 28 February 2022 towards the Memory Box Project.

Executive Summary

3. This report seeks to...
 - Set out the background to the grants
 - Set out the reason for the recommendations
 - Consider the finance for the project
 - Look at key issues
 - Briefly consider the future direction of the project.

Contextual information

Background

4. The Voluntary and Community Sector (VCS) contributes to improving people's quality of life. The grants programme is one of the ways in which the County Council supports the sector to support people to live fuller more independent lives.
5. A voluntary organisation may be considered for grant aid from the County Council only if its services, projects or activities are in compliance with the aims and objectives, priorities and policies of the County Council.
6. Grants are awarded to support services that are better provided by the voluntary sector e.g. the mobilisation of community resources to help vulnerable people maintain their independence.
7. A grant is defined as a sum of money to support a particular activity. It does not usually cover the entire cost of the activity and it is legally considered to be a one-sided gift, rather than a payment in exchange for services.
8. Voluntary and community organisations provide valuable locally based services that are often rooted in the communities which they serve. Significant benefit is produced through this activity, often through voluntary action and focused towards activity that clearly assists in providing early intervention and prevention initiatives. Grant funding by the County Council contributes to, and helps sustain, this activity.
9. As grants are a contribution to service or activity costs the economic benefit to the department can be significant, levering in additional funding, the benefit of volunteer time and therefore providing good value for money to the authority.
10. Organisations will not normally be eligible for grants where they hold balances in excess of one year's running costs. Those organisations receiving recurring funding which hold in excess of three months' running costs, and where they cannot demonstrate through their reserves policy that these reserves are justified, may receive a reduced grant. To establish the level of

reserves, organisations are required to provide a set of their latest accounts and annual report with their application and before grant payment is made – in the case of organisations with an income of £10,000 or above, these must be independently examined or audited. If organisations have reserves in excess of three months, we will apply the reserves policy which is in line with the Charity Commission's policy on these matters.

Demand and Prevention Programme

11. Prevention, incorporating Demand Management is one of the three key areas identified to achieve the Vision of Adults' Health and Care, as detailed in the Adult's Health and Care Strategy 2018.
12. The Demand Management and Prevention work will build on people's strengths, enabling them to improve their health and take more personal responsibility for looking after themselves with support from their family, friends and community network. The Council will encourage this by making the healthy choice the easy choice and developing accessible, inclusive and readily available information and advice services. The Council will also carry out targeted prevention work for certain groups of people who are most at risk of poor health to keep them well and to avoid or delay the need for social care services. The Council will work with partners, in particular the NHS, GPs and the Voluntary sector to achieve the above aims.
13. In alignment with the overall Demand Management and Prevention Programme Strategy, the five year objectives for the Demand Management and Prevention Programme are:
 - More people will be keeping fit and well in the community, reducing the need and demand for health and social care services.
 - Information and advice via Connect to Support will be routinely accessed to enable people to make informed choices about their care and support.
 - The County Council's contact centre will resolve the majority of client enquiries for help and support.
 - Private pay care technology solutions will be routinely requested and provided.
 - Community support offers will be increasingly known about, better trusted and more widely used.
 - Fewer people will be socially isolated or people will be better connected and Carers will be better supported.
14. A number of countywide grants and contracts are awarded as part of the Demand Management and Prevention programme, all designed to complement and deliver the aims and objectives of the programme. These grants enable services to be delivered across Hampshire, such as Community Based Support, Autism Support, Neighbourhood Care and Support, and Rural Connectors. In addition, a number of smaller place-based

grants are also required awarded as part of the programme of work, in response to specific community needs identified within that locality. These place-based grants include the Local Solutions Grants discussed in this report.

Local Solutions Grant

15. It is recognised that across Hampshire there are local initiatives, support networks and services achieving positive outcomes for adults every day. A strength-based approach values these local provisions and seeks to enable them to further develop, be sustained and grow. This approach recognises that the County Council is often not the only, or the best, source of help for local people
16. Services developed through this locality focused approach (either through building capacity in existing provision or through new initiatives) are likely to enable early prevention support, as well as shaping options which may be attractive alternatives to some traditional services currently available for individuals, carers and families. This will help to ensure that local people have effective support available now and into the future.
17. The prioritisation of localities to focus upon within this approach has been informed by data on demographics, existing and projected social care demand, and feedback from stakeholders. Alongside the Local Solution Grants, there will be grants for support and services which continue to be required via a model of countywide provision.
18. The focus and criteria for each Local Solution Grant has been shaped by engagement with local stakeholders. This engagement has informed identification of the local priorities, the outcomes which are important to be achieved and the potential type of solution which could be developed. Some grants are more specific in what is being asked to be delivered and others outline more generally the focus of the change required. Across all, it will be looked for the successful bidder(s) to ensure local insight and expertise continue to shape the support and services as they further develop, in order to deliver positive outcomes. Local stakeholders were also present on each of the grant panels, so that the local 'voice' informed the decision making.
19. In this paper, local solutions grants are recommended for communities within Basingstoke, Eastleigh, Gosport, New Forest and Rushmoor, based on the local stakeholder engagement. The number of areas considered in this grant round is limited by the staff resource available to undertake the engagement in the place. The areas chosen for this round of the Local Solutions grant were prioritised based on need identified from social care and demographic data. It is planned that there will be further local solutions grants available through grant windows that will lead to subsequent award recommendations

for decision in November 2019 and March 2020 that will include communities in other areas of Hampshire, including within districts not recommended in this decision.

Connectors Grants

20. The benefits of using community resources are well documented, however the push towards the voluntary and community sector (VCS) will have challenge and needs dialogue and relationship building. AHC teams cover wide geographical areas so have limited scope to identify and relationship build with communities. In many cases, people could have accessed the right level and type of help without coming into a formal social care route, or people are offered a service when alternative support options would have been equally effective or even more suitable.
21. The Hampshire Connector Model aims to use existing local service experience to provide an offer to people across Hampshire which will support people to maintain their independence. The overall aim of the model is to build on the strengths of individuals and communities to enable support and connections which improve people's health and wellbeing and reduce their health and social care needs. This is being developed in such a way as to complement the work being done within the NHS on social prescribing.
22. A range of social prescribing or connector schemes already exist in Hampshire and these services have been locally designed and implemented to meet the population's needs. The Hampshire Connector model does not seek to duplicate or replace these existing schemes, but through this framework, we hope to develop and evaluate a new collaborative commissioning approach between health and social care. During the next year the Hampshire Connector model will build on a number of existing services currently commissioned through various funding models by Hampshire Clinical Commissioning Groups to test their ability to manage demand on Adult Social Care.
23. In respect of this testing of models, two voluntary organisations already operating a connector service through private funding, have been identified with the potential to deliver an extended service that would provide social care teams, including the Contact Assessment and Referral Team with a clear and direct pathway for referrals. These two services are 'Hand in Hand' provided by St John's Winchester operating in Winchester City, with the other service provided by Unity (formally known as Test Valley Community Services) operating in Andover and Romsey, and in order to test this extended service for 12 months, it is recommended that both organisation be awarded a grant of £30,000 each.

24. It is hoped that learning from these and other pilots, alongside ongoing coproduction engagement, will inform the future development of a countywide connector approach that helps to support the health and social care system across Hampshire. Helping to ensure that there is a consistent and quality offer to all Hampshire residents most in need of social prescribing/ connector type services.

Memory Box Project

25. The Memory Box Project delivered by Wessex Heritage Trust, provides reminiscence boxes to care homes and hospices within Hampshire. The Memory Boxes aim to engage, support & share memories with people living with dementia in Hampshire. Each box contains approximately 20 items with antiques, vintage and replica items included, smell boxes, sounds and fact sheets. During Memory box sessions, a variety of tools are used to stimulate four of the five senses, touch, sight, hearing and smell to evoke memories of the past for all participating. The Memory Box project has proved successful, and a grant is required to help provide increased project support to enable the service meet demand.

Finance

26. The grant proposal in this report will commit additional expenditure totalling £177,720 over a two year period commencing in 2019/20. The expenditure has been profiled between years as follows: £147,720 in 2019/20 and £30,000 in 2020/21. Subject to approval of this report the total grants committed for payment will remain within the agreed, (2019/20) and anticipated, (2020/21) annual budget envelopes for the Demand Management and Prevention Programme.
27. Payment of the all the Local Solutions grants as well as the grant to Wessex Heritage Trust in this report will be made in one instalment. As the two grants award recommendations towards connector services are for a higher amount and are to test the benefits of expanding the existing service, these grants will be paid in two instalments of £15,000 to each organisation. The first payment for the Connector grant awards will be made on signature of the grant agreement, with payment of the remainder of the grant being made at the start of the 2020/21 financial year subject to satisfactory performance of the project as at that date. All grant agreements have conditions that enable the County Council to require repayment of the award or any part of it if it remains unspent at the end of the grant period, or if there is a material breach of the grant agreement.

Performance

28. The provision of grants to voluntary and community sector organisations by statutory bodies always presents a degree of risk. Specific risks that statutory bodies are required to manage include voluntary and community organisations accepting funding without providing any activity; organisations not delivering the service as expected; and there being an under spend on the expected activity. This applies to all grants however; larger grants represent a potentially higher risk to the County Council.
29. A number of mechanisms have been employed successfully over a number of years to mitigate and alleviate these risks. These include nominating a Liaison Officer from the County Council whose responsibility is to monitor how the grant is spent, specifying within the grant agreement that the grant is 'restricted' funding for the provision of the specified activity only and phasing the payment of grants over the course of the award duration.
30. Specifically, in respect of the Connectors grants performance, upon which the second instalment of the grant amount is reliant, will be measured through the volume of referrals accepted from the Social Care teams alongside the mechanisms described above. The precise details of this performance framework will be subject to further discussion and subsequent agreement with the grant recipients prior to accepting the grant.
31. The Local Solutions Grants will also include measures to define the volume of referrals and how much care costs have been diverted. The precise details of this performance framework will be subject to further discussion and subsequent agreement with the grant recipients prior to accepting the grant. The measures agreed will be used amongst other measures, including those collected in relation to the Connectors grant performance, to quantify and qualify the cost avoidance of the Local Solutions grant spend, specifically in relation to the efficacy in offsetting demand that would otherwise fall on formal Social Care services. Performance will be monitored through senior internal governance structures. It is envisaged that the financial benefits derived will exceed the one-off cost invested provided that the activity undertaken is in accordance with the grants. The activity will be monitored and reviewed over the life of the award to ensure it remains on track.
32. All organisations awarded a grant sign a declaration stating they accept that grant funding can only be awarded for the given period and no commitment exists from the County Council to continue funding after this time, or in subsequent years.

Consultation and Equalities

33. It is for the Executive Member as decision maker to have due regard to the need to: eliminate discrimination, harassment, victimisation and any other conduct prohibited under the Equality Act and advance equality of opportunity and foster good relations between persons who share a relevant protected characteristic and persons who do not share it.
34. The Local Solutions Grants (see Appendix 1) and the Connector grants will have a positive impact on older adults aged 65 and over, as well as adults with physical and learning disabilities, as the awards will enable either new or expanded services to those belonging to these protected groups. The grant to Wessex Heritage Trust will have a positive impact on disabilities as it will enable the trust to expand the Memory Box service so that more people with dementia will benefit. Local Solutions Grants recommended for award to Asian Welfare and Cultural Association and to Rushmoor Healthy Living will also have a positive impact on race, as the grants to these organisations will fund projects that will reduce inequalities in accessing support and services linked to race. Also, some of the projects recommended for award from the Local Solutions Grant will have a positive impact on adults in poverty, as they will be offering services designed to maximise a user's income through benefit checking and giving assistance with benefit claims.
35. All of the grants recommended in this paper have not been awarded to any organisation under these purposes before and are in addition to other grants Adult's Health and Care award. As such the grants recommended provide additional positive impact, as stated above.
36. The Local Solutions Grants have been shaped in their design by local stakeholder engagement, including those working in the local voluntary community sector, local councillors as well as staff working for Adults' Health and Care, Health and from local councils. Each of the grants panels was held locally with representatives from the local community part of the decision making process.
37. The Connectors grants are part of an ongoing project, which has been informed by a workshop held on 3 April 2019 attended by over 60 stakeholders from health, voluntary and community sector organisations and service users. As the project continues further engagement with stakeholders is programmed.

Conclusions

38. The organisations receiving a Local Solutions Grant will provide services identified at a local level as required to either prevent or delay adults from

requiring social care involvement or will reduce their need for care by providing alternative solutions.

39. The Connectors services funded will enable the supported organisations to have the capacity and ability to take referrals from Adults Health and Care which will prevent, delay or reduce the need for social care involvement.

REQUIRED CORPORATE AND LEGAL INFORMATION:

Links to the Strategic Plan

Hampshire maintains strong and sustainable economic growth and prosperity:	no
People in Hampshire live safe, healthy and independent lives:	yes
People in Hampshire enjoy a rich and diverse environment:	no
People in Hampshire enjoy being part of strong, inclusive communities:	yes

Other Significant Links

Links to previous Member decisions:	
<u>Title</u>	<u>Date</u>
Demand Management and Prevention Grant Award	27 February 2019
Demand Management and Prevention Grant Award	27 September 2018
Direct links to specific legislation or Government Directives	
<u>Title</u>	<u>Date</u>

Section 100 D - Local Government Act 1972 - background documents

The following documents discuss facts or matters on which this report, or an important part of it, is based and have been relied upon to a material extent in the preparation of this report. (NB: the list excludes published works and any documents which disclose exempt or confidential information as defined in the Act.)

<u>Document</u>	<u>Location</u>
None	

EQUALITIES IMPACT ASSESSMENT:

1. Equality Duty

The County Council has a duty under Section 149 of the Equality Act 2010 ('the Act') to have due regard in the exercise of its functions to the need to:

- Eliminate discrimination, harassment and victimisation and any other conduct prohibited by or under the Act with regard to the protected characteristics as set out in section 4 of the Act (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation);
- Advance equality of opportunity between persons who share a relevant protected characteristic within section 149(7) of the Act (age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, sex and sexual orientation) and those who do not share it;
- Foster good relations between persons who share a relevant protected characteristic within section 149(7) of the Act (see above) and persons who do not share it.

Due regard in this context involves having due regard in particular to:

- The need to remove or minimise disadvantages suffered by persons sharing a relevant protected characteristic that are connected to that characteristic;
- Take steps to meet the needs of persons sharing a relevant protected characteristic that are different from the needs of persons who do not share it;
- Encourage persons sharing a relevant protected characteristic to participate in public life or in any other activity in which participation by such persons is disproportionately low.

2. Equalities Impact Assessment:

The award of grants to the voluntary and community sector to support people to live long, healthy and happy lives with the maximum possible independence, as part of the demand management and prevention programme and in-line with Adult's Health and Care Strategy 2018.

Grants in this paper:

Local Solutions Grant in Basingstoke, Eastleigh, Gosport, New Forest and Rushmoor areas - period 1 August 2019 - 31 July 2021. Total Pot: £106,720
Connectors Grant to Unity- period 1 August 2019 - 31 July 2021. Total Pot: £30,000

Connectors Grant to St John's, Winchester- period 1 August 2019 - 31 July 2021.
Total Pot: £30,000

A £6000 grant to Wessex Heritage Trust to support the Memory Box Project

Geographical impact: Basingstoke & Deane, Eastleigh, Gosport, Rushmoor, Test Valley, Winchester

Proposed Change:

All the grants recommended for award are new and have not been awarded to any organisation for these purposes before. These are in addition to other grants currently awarded on behalf of Adults' Health and Care.

Local Solutions Grant are new grants to provide services addressing locally identified needs. These areas identified in this round have been chosen by scale of existing social care need and demographic data. There is intention to hold future grant rounds so that each district is reached.

The Connectors Grants will enable the expansion of existing Connector services so that the capacity and ability of these services to accept referrals from Adults' Health and Care is increased.

Who does this impact assessment cover?: Service users

Has engagement or consultation been carried out?: Yes

Describe the consultation or engagement you have performed or are intending to perform: The Local Solutions Grants have been shaped in their design by local stakeholder engagement, including those working in the local voluntary community sector, local councillors as well as staff working for Adults' Health and Care, Health and from local councils. Each of the grants panels was held locally with representatives from the local community part of the decision making process.

The Connectors grants are part of an ongoing project, which has been informed by a workshop held on 3 April 2019 attended by over 60 stakeholders from health, voluntary and community sector organisations and service users. As the project continues further engagement with stakeholders is programmed.

Age: Positive

Impact: Both the Local Solutions Grants and the Connector Grants will seek to offer either new or expanded services to Older Adults aged over 65 years.

Disability: Positive

Impact: Both the Local Solutions Grants and the Connector Grants will seek to offer either new or expanded services to those with physical and learning disabilities. The grant to the Wessex Heritage Trust will enable the expansion of the service to reach more people with dementia.

Sexual orientation: Neutral

Race: Positive

Impact: Some of the Local Solutions Grants, particularly the grants to Asian Welfare and Cultural Association and Rushmoor Healthy Living are designed to address inequalities linked to race.

Religion or belief: Neutral

Gender reassignment: Neutral

Gender: Neutral

Marriage or civil partnership: Neutral

Pregnancy and maternity: Neutral

Poverty: Positive

Impact: Some of the Local Solutions Grants will fund services in communities identified of higher deprivation, with the aim that the services to be funded will improve access to support that otherwise might be prevented due to cost. Furthermore some organisations recommended for funding will be offering services designed to maximise a user's income through benefit checking and giving assistance with benefit claims.

Rurality: Neutral

LOCAL SOLUTIONS GRANT RECOMMENDATIONS BY AREA

Basingstoke Grants

Organisation	Project/Service	Description	Recommended Award
MHA	Basingstoke and East Hampshire Live at Home Scheme	To run an intergenerational project in the Buckskin area, enabling the Live at Home Scheme to develop into an area of Basingstoke where they do not currently offer a service, but where there has been need identified by County Council staff.	£4,830
Buckskin & Worting Community Association	Buckskin Intergenerational Project	To develop intergenerational cooking project in Buckskin to improve independent living skills, whilst also working to contribute to a broader sense of community particularly amongst social isolated older people, within an area of identified need.	£5,000
Dove House School Academy Trust	Link Centre	To run a weekly club that will offer community activities and opportunities for vulnerable people with learning disabilities to socialise and build friendships, learn life skills, build confidence, independence and access advice and support.	£2,000

Sub Total £11,830

Eastleigh Grants

Organisation	Project/Service	Description	Recommended Award
Eastleigh Disability Leisure Access Group (EDLAG)	Activity Buddy Scheme	The Eastleigh Activity Buddy scheme will support adults with disabilities (physical and learning), mental health difficulties and older adults to increase their levels of physical activity. This will be achieved by recruiting and supporting a team of Activity Buddy Volunteers who will work on a one to one basis with individuals to help them overcome barriers to participation, encourage, motivate and work with them to set and achieve personal goals.	£10,000

One Community Eastleigh	Back to the future	One Community will recruit, train and co-ordinate volunteers to support lonely individuals to regain confidence to go back into the community and socialise building a new future for themselves. During a series of visits to older people's homes volunteers will befriend lonely people and help them build confidence and develop with them a personal plan with realistic goals the aim of being able to go into the community on their own.	£10,000
Asian Welfare & Cultural Association Eastleigh	Relieving Isolation and Loneliness	The weekly Elders drop-in is a relaxed environment for lunch, activities & access to services, enabling members to develop skills. It targets Asian families at risk of isolation living in the district, however other ethnic groups can and do attend.	£4,358
Eastleigh Health and Wellbeing Board	Wellness Cafe Pilot	Offer information and signposting to individuals coming to a wellness cafe in Hedge End, where they can be supported and / or signposted to relevant help or simply a place for lonely people to meet.	£2,000
Disabled People's Voice Ltd	Circles of support	The funding will be used to pay an organiser for four hours a week to organise a minimum of two fortnightly social groups. These groups would provide not only social interaction but also ensure that people know about the wide array of low level services which might maximise their independence. The intended outcome is to empower those who join the groups to maximise their independence. This will then hopefully trickle down to other people they know.	£2,000

Sub Total £28,358

Gosport Grants

Organisation	Project/Service	Description	Recommended Award
Gosport Voluntary Action	Voluntheroes	Supported volunteering opportunities for those with learning disability and mental health issues that will increase confidence and self esteem and reduce isolation. The service will introduce a supported volunteering scheme with a 'Volunteer passport' to provide participants with stronger evidence of what they have done to use with educational providers and potential employers.	£9,134

MHA	Gosport and Fareham Live at Home Scheme	To expand the Live at Home service offered within Bridgemary, which will include social activities and clubs as well as expanding the befriending service offered to those unable to leave their homes. Bridgemary has been identified as a community of need, in part due to the high number of older adults requiring care at home in the area.	£9,998
Citizens Advice Gosport	Benefits Advocacy Service	This service will deliver a Benefits Advocacy Service for vulnerable clients who need 1:1 support to apply for and maintain appropriate welfare benefit claims. The beneficiaries will be those who would otherwise be unable to manage their benefit claims, helping them achieve the best possible outcome and improving their health and wellbeing. The service helps fulfil an identified need by HCC staff.	£10,000
Age Concern Gosport	Age Concern Gosport	An information, signposting and form-filling service for Welfare Benefits for 55+ local people, their families and carers. Includes outreach talks/events.	£7,400

Sub Total £36,532

New Forest Grants

Organisation	Project/Service	Description	Recommended Award
Forest Arts Centre	Fix it and learn it Cafe	In collaboration with the local New Milton Men's Shed and Solent Mind, Forest arts plans on creating a 'Fix it and learn it' Café for members of the community to come along and learn practical skills from retired trades men (from the men's shed). Members of the New Milton community will be able to learn how to mend and up cycle their pre-loved items and learn how to make new items such as; clocks and furniture for free.	£1,000
Helping Older People New Forest	Befriending	To establish a befriending service which aims to help the most isolated members of the community feel socially included, more motivated and lift their mood by interacting with a visitor who would be trained to help signpost them to local social activities as well as offer appropriate and meaningful conversation/activity.	£5,000

MHA	New Forest Live at Home Scheme	To expand the Live at Home service to Pennington. Pennington has been highlighted as an area in need; this pilot scheme to reach out and meet older people in Pennington who feel they cannot make it to our sessions in Lymington.	£1,000
SoCo Music Project	Make It Loud	Make It Loud will enable SoCo Music Project to work in partnership with Minstead Trust and local day service groups to provide a pilot programme of sustained creative intervention for adults with learning disabilities in Totton. The project will provide opportunities for adults with learning disabilities to engage in music-making activities that will improve their health and wellbeing and reduce social isolation.	£3,000

Sub Total £10,000

Rushmoor Grants

Organisation	Project/Service	Description	Recommended Award
The Vine Centre	My Helping Hand	My Helping Hand will support people with one to one help with digital skills, numeracy and literacy in a calm environment. Will support vulnerable people including those with autism, mental health needs, as well as older adults for whom English is not their first language	£5,000
The Vine Centre	Reaching Out	To offer pop ups in the community running short healthy eating courses where clients can also gain basic cookery skills. We will also offer one to one computer skills through Learn My Way. These services will be provided within the communities of Cherrywood, Aldershot Park and North Town in addition to the town centre where the Vine Centre is currently based.	£10,000
MHA	Hart and Rushmoor Live at Home Scheme	As an additional service to the existing Live at Home scheme in Rushmoor, the project will work on strengthening relationships between the younger and older people across our working area in Rushmoor. Local stakeholder engagement has suggested that younger generations of different ethnicities in the ward have a greater sense of understanding and mutual respect, integrating within their daily activities to a far greater extent than	£5,000

		the older generations. This is subsequently leading to greater engagement with community activities and a greater sense of overall health and wellbeing. It is suggested that young people in the community could assist older adults in developing a similar shared sense of community, participation and engagement within the ward for over the age of 65.	
Rushmoor Healthy Living	Strong Together!	Working with Nepali older adults aged 65+ who live in the Cherrywood area, the project will work with the participant research and implement interventions focusing on physical health and mental wellbeing, designed to reduce the need for social care interventions and improve quality of life. These groups will be designed to transition to be self supporting and sustaining, allowing the community to support itself in to the future from the skills and knowledge learned and shared.	£5,000 Sub Total £25,000

Total Local Solutions Grant recommended for award £111,720