

# Health and Adult Social Care Select Committee 19 October 2021



# Public Health T21 Overview

- **Public Health remit** - work with a range of partners to improve the health and wellbeing of everyone in Hampshire. This includes commissioning services that support the health of all residents.
- **Context for proposals** - reducing County Council budgets and increasing service demand – wider ‘balancing the budget’ consultation also taking place.
- **Public Health Funding** – through a ring-fenced grant that must be spent on improving the health of the population. Ring-fence requires savings to be used in other areas of work that contribute to public health outcomes.
- **Previous work** - Since 2015 Public Health have worked to reduce costs by improving efficiency and early intervention and prevention, limiting the impact of the savings programme on front line service delivery.
- **Savings requirement** - Full Council to be asked to approve reduced savings target of £3.128m for Public Health.

# Public Health: Outcome of the Transformation to 2021 public consultation

Recommendations to achieve £236,000 savings across 3 areas:

## **Substance misuse:**

A service is maintained in Winchester and work continues to find a more cost-effective venue to secure a saving of £60,000.

## **Stop smoking services:**

Reduce unsupported prescribing secure savings of £168,000.

## **Sexual health services:**

Stop the duplicated HIV and syphilis self-sampling service to secure a saving of £8,000.

## **Public Health nursing:**

Proposals included in the public consultation will **not** be progressed

# Finance

- Initial target of £6.802m
- Public Health England clarification for ring fenced grant spend – Public Health outcomes must be the primary purpose
- Reconsideration of the level of achievable Public Health savings – limited alternative and eligible council services suitable for ‘re-badging’
- Full Council to be asked to approve reduced savings target of £3.128m on 4 November

# Substance Misuse

Total budget in  
2021/22 is £7.1  
million.

## Context:

- Delivered from 9 permanent treatment centres across Hampshire & 9 smaller satellite clinics.
- In 2019/20, 5,800 people sought treatment/support
- Treatment centres vary in size and the number of people accessing them.
- Previous initiatives to improve the efficiency and value for money:
  - changing the way prescription drugs are prescribed;
  - reviewing sub-contracting arrangements
  - reducing staff travel.



# Substance Misuse

## Proposal

Close the Winchester treatment hub to save £120,000

## Consultation response

- 869 responses via consultation response form
- 78% of respondents disagreed with proposal, with higher levels from service users (91%), those with children U16 (85%) and from BME groups (85%)

## Overall recommendation:

- Maintain a service in Winchester and continue to identify a more cost effective venue to secure a saving of £60,000

# Stop Smoking

Total budget in 2021/22 is £2.2 million.

## Context:

Free, stop smoking support for residents – support from trained advisers, nicotine replacement therapy (NRT), vaping kits and other medication. Uses a nationally determined evidence-based programme of support for up to 12 weeks

Offers face to face support in 33 community venues pharmacies, vape shops, and telephone and video calls, given at a level of intensity according to need (Three tiers of support).

Service targeted at people for whom smoking most impacts their health



# Stop Smoking

## Proposals

- Reduce number of venues from which face-to-face stop smoking services are provided to save £150,000
- Reduce unsupported prescribing to save £168,000

## Consultation response

- 766 responses via consultation response form
- 61% disagreed with proposal to close local venues
- 50% disagreed and 40% agreed with proposal to reduce unsupported prescribing

### Overall recommendation:

- Reduce unsupported prescribing to save £168,000

# T21 Sexual Health

Total budget in  
2021/22 approx.  
£9 million.

## Context:

- Required to provide specialist sexual health services which must include:
  - Open access sexual health services for prevention, testing, treatment and care for people with sexually transmitted infections
  - Full range of contraceptive services
  - Advice on preventing unwanted pregnancy
- Also commission
  - Long acting reversible contraception
  - Emergency hormonal contraception
  - Online HIV and syphilis self-sampling

# Sexual health

## Proposals

**A:** Reduce or stop non statutory parts of the service to save £184,000 – reduce sexual health promotion, stop psycho-sexual counselling, stop free sexual health training for professionals

**B:** Close small sexual health clinics in Alton, Hythe, New Milton, Ringwood and Romsey to save £249,000

**C:** Provide free emergency hormonal contraception for people aged 24 and under to save £80,000

**D:** Stop the duplicated HIV and syphilis self-sampling service to save £8,000

# Sexual health

## Consultation response

- 1082 respondents via the consultation form
- 80% disagreed with proposal to stop psycho-sexual counselling, highest among under 25's (94%)
- 78% disagreement with proposal to reduce sexual health promotion and HIV prevention services and free sexual health training
- 75% disagreed with proposal to limit free emergency hormonal contraception to 24s and under
- 71% disagreed with proposal to close smaller clinics (84% for under 25's)
- 74% disagreed with stopping duplicate HIV & syphilis self-sampling service

### Overall recommendation:

- Stop the duplicate HIV & syphilis self-sampling service to save £8,000

# Public Health Nursing

Total budget in  
2021/22 is £20.4  
million.

## Context:

Service comprises 2 functions:

**Health visiting** - for children aged 0-7 and their families. Supports parents to focus on needs and priorities of their baby & family

Available to all residents with various levels of support

**School nursing** – for children, young people aged 5-19 (or up to 25 for care leavers and those with Special Educational Needs or Disability)



# Public Health Nursing

## Proposal

To save £2.09m by:

- Reducing staff posts by 47 (12.5% of workforce)
- Only providing school nurse support to over 11's via digital offer

## Consultation response

- 2767 respondents via consultation response form
- Overall 96% disagreement to reduce staff posts
- 94% disagreement to providing only digital school nurse service for over 11's

## Overall recommendation:

- The proposals included in the public consultation **not** be progressed

## Next steps

Significant transformation possibilities should become apparent as a result of strategic opportunities for change:

- Maximise the potential of any changes participate in the development and delivery of plans as the ICS considers ways of delivering services at local level
- New Public Health Strategy for Hampshire –more opportunities to highlight areas where delivering public health differently would improve outcomes
- Review and assess the service changes that were put in place by service providers to determine their role in the longer – potential to challenge future service models which have relied on face-to-face delivery
- Use the mental Health Transformation Programme to explore improved support for those who experience combination of mental health and substance misuse issues

# Example Transformation Projects

- Use outputs of the lean systems thinking review of sexual health services to identify where transformation could improve access and outcomes for service users;
- Explore opportunities for co-commissioning with partner local authorities and the NHS for a system wide integrated sexual health service for Hampshire residents, whilst maintaining appropriate local provision, will be explored
- Work with the CCG to adapt health led safeguarding service and advocacy for children and their health
- Review the journey of the child through front line services to improve access and outcomes for service users
- Complete a strategic accommodation review for all areas of Public Health service delivery to support services to meet the needs of residents;
- Review the impact of virtual service delivery during the pandemic to determine an appropriate level of permanent shift to online provision of services.

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