

HAMPSHIRE COUNTY COUNCIL

Executive Decision Record

Decision Maker:	Executive Lead Member for Adult Social Care and Public Health
Date:	6 June 2023
Title:	Physical Activity Contain Outbreak Management Fund (COMF) Grants Proposal
Report From:	Director of Public Health

Contact name: Darren Carmichael, Public Health Principal
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1. The decision:

- 1.1. That the Executive Lead Member for Adult Social Care and Public Health approves spend of up to £1.5 million on physical activity grants to be awarded to organisations that promote physical activity across Hampshire.
- 1.2. That the Executive Lead Member for Adult Social Care and Public Health delegates authority to the Director of Public Health in consultation with the Executive Lead Member to award grants in line with the criteria as set out in this report.

2. Reasons for the decision:

- 2.1. Physical activity has many benefits for health and wellbeing. The COVID-19 pandemic exacerbated pre-existing health inequalities, and we know that in Hampshire both physical inactivity and obesity increased in areas of greater deprivation and amongst marginalised communities. Being overweight and obese, as well as being physically inactive, increases the risk of adverse health consequences from COVID-19 infection.
- 2.2. Mental health has similarly deteriorated at a population level since the advent of the COVID-19 pandemic; the impacts of social isolation, as well as anxiety around contracting COVID-19, especially amongst those already vulnerable, has been significant. Physical activity in multiple forms has been shown to have positive impacts on mental wellbeing.
- 2.3. Improving healthy life expectancy and reducing health inequalities are key priorities for Hampshire Public Health as defined in the Hampshire Health and

Wellbeing Board Strategy 2019-24, as well as in the Hampshire and Isle of Wight We Can Be Active Physical Activity Strategy 2021.

3. Other options considered and rejected:

3.1. None.

4. Conflicts of interest:

4.1. Conflicts of interest declared by the decision-maker: N/A

4.2. Conflicts of interest declared by other Executive Members consulted: N/A

5. Dispensation granted by the Conduct Advisory Panel: N/A

6. Reason(s) for the matter being dealt with if urgent: N/A

7. Statement from the decision maker:

Approved by:

Date:

6 June 2023

Councillor Liz Fairhurst
Executive Lead Member for Adult Social Care and Public
Health