

Hampshire Joint Carers Strategy 2018-2023



**Briefing for
Health and Wellbeing Board
7th June 2018**

Key Strategy Messages

- 10% of the Hampshire population are carers of an adult
- The numbers of carers are growing due to the ageing population; 20% (26,400) of Hampshire carers are caring for over 50 hours a week each
- Health and Social Care partners acknowledge the key role that carers play in supporting people's health and wellbeing and will work together to support them continue in their role
- Importance of all aspects of our communities collaborating to support the growing number of carers (health and care colleagues and providers, voluntary sector – use of local resources and the Strengths based approach)

Developing the Strategy

- Stakeholder engagement and co-production began in July 2016, at a consultation event with carers, health and social care professionals , CCGs, Carers Providers and the voluntary sector. A Carers Joint Strategy Group was formed to co-produce the draft strategy document
- We consulted on the draft Strategy Responses with local carers groups and voluntary organisations and via an online questionnaire. The key messages received back were that the Strategy was well intentioned, however it was too long and not aimed sufficiently at Carers
- The draft Strategy was also presented to CCG Clinical Executives across Hampshire, the Hampshire Partnership group and to Members at their briefing in February
- We have worked with the Editorial Board of the Joint Strategy Group which includes carers to respond to the consultation feedback and simplify the document
- A launch event will be planned in the summer to engage carers and stakeholders in the implementation plans

Joint Vision and Carers Charter

New Vision:

To work in partnership with carers to establish and coordinate easily accessible support across Hampshire:

- ***Identifying those who help or support friends and family members***
- ***Giving carers timely access to information and help offered in their local community, by health and social care professionals, charities, and government organisations***
- ***Assisting carers to incorporate their caring role into a healthy and fulfilling life***

Carers Charter:

A new Charter has been drafted for organisations sign up to showing carers what they can expect from local services

Key strategy themes

Identifying and recognising carers

- *Only 1 in 10 Hampshire carers are registered as carers with their GP practices*
- *Joint carer information services need to be better integrated (will be re-tendered next year)*
- *Carers often only come to our attention at crisis point*

Carer Health and wellbeing

- *Carers have poorer health outcomes*
- *There is an issue with above average carer social isolation in Hampshire*
- *Carers would like more flexibility in booking GP appointments*
- *Carers need training in back care, moving and handling, dealing with stress*

Having a life alongside caring

- *There is a greater role for telecare*
- *Respite care needs to be provided more flexibly*

Key strategy themes

- *continued*

Young carers and young adult carers (age 16-25)

- *Young carers are not being recorded as such and do not always receive an assessment in their own right*
- *Young carers are not always considered as key care partners*
- *Young adult carers find that services do not always meet their needs*

Seldom Heard Carers

- *Some carers are particularly isolated, eg working carers who cannot access traditional '9-5' carers support, rural carers, LGBT carers, military carers*
- *Some communities do not traditionally recognise the caring role and cannot access information and advice*

Next Steps

The approved strategy will inform the development of implementation plans to respond to the key issues raised. This will be overseen by a new joint steering group including carers and representatives from health and social care and the voluntary sector.

We would like the Health and Wellbeing Board to:

- Endorse and promote the Strategy
- Use the Strategy as a reference document when planning services for the people of Hampshire
- Think Carer! Promote carers' issues and support them to continue in their caring roles