



Hampshire
County Council

Living Well

Hampshire
**Health and
Wellbeing**
Board



Key Issues and Developments

- ❖ The impact of the past two years continues to be far-reaching and it may be some time before we return to pre-pandemic levels of physical and mental health.
- ❖ Importantly partners have continued to work together to support the vulnerable population providing advice and guidance on who to contact and how to access services. Face to Face appointments have returned.
- ❖ An offer of digital/telephone stop smoking support continued and the accessibility of stop smoking medications enhanced, with more pharmacies and vape shops providing services.
- ❖ Adults' Health & Care, Energise Me, and NHS partners are looking at how we can support better ageing. There are four areas of focus: continence, social isolation, dementia and falls
- ❖ Nationally, a “Live Longer Better campaign” has been established and Energise Me has invested into the national community of practice and learning which has a large network across the country.
- ❖ The Whole System Approach' (WSA) pilot to tackle obesity in Rushmoor has now been initiated in Havant
- ❖ HLOW was a *trailblazer* site for the national NHS BP@Home programme. Approximately 6000 blood pressure monitors were distributed to GP surgeries to support the remote management of individuals with high blood pressure.

Covid Impact and Mitigations

- Fewer people have come forward with significant mental and physical conditions increasing the harm to them from potential disease including cancer and cardiovascular disease.
- Carbon Monoxide monitoring at booking is temporarily on hold. This has resulted in a reduced level of women coming forward as smokers Referrals to Smokefree Hampshire from primary and secondary care reduced by approximately 40% during 21/22. However, the number of people referring themselves for support increased significantly
- A second Quit4Covid GP text messaging campaign was delivered to encourage all smokers to seek expert advice. Support for pregnant women has continued through the 'Speak to your Midwife' targeted social media campaign and ongoing partnership work with NHS Trust Smokefree Pregnancy Steering Groups to promote midwife referrals.
- Health Check delivery was severely compromised by the impact of COVID on primary care capacity (as well as latterly by the national shortage of blood test bottles). The time has been used to improve structures for Health Check commissioners (Public Health) and providers (Primary Care) to share learning and collaborate
- Ambition to increase the MECC training offer applicable to a range of common upstream behavioural risk factors (such as smoking, diet and physical activity) which will upskill the health care work force

Coproduction & Collaboration

- ✓ HCC Public Health have worked collaboratively with Acute, Maternity and Mental Health Trusts to support the implementation of the NHS Long Term Plan for Tobacco Dependency Services.
- ✓ The whole System Approach to obesity collaboration continues in Rushmoor and was recently established in Havant. A new District is planned for 22/23 and shows the recognition of system partners value in working together to achieve shared objectives.
- ✓ The We Can Be Active Strategy, a co-produced strategy for physical activity was adopted by the Health and Wellbeing Board in October 2021.
- ✓ Healthy Hearts programme has recruited to a pharmacist led cardiovascular disease prevention team designed to support Primary Care Network teams in optimising medication used to an treat individual's risk factors
- ✓ A Health Equity Audit was undertaken for smokefree Hampshire to enhance the accessibility of the service in 22/23 includes insight work with priority groups to identify their experience as service users & targeted social media campaigns.
- ✓ Working with MIND across Hampshire we are contacting every registered SMI patient to offer advice guidance and support in relation to vaccinations

Progress against Metrics

- The COVID-19 vaccination programme has been a key factor in helping people to remain well in the community. Over 4 million doses have been given locally and the system mobilised quickly to ensure that over Winter 2021 everyone was offered a booster vaccination by 31st December to combat Omicron.
- Smoking at Time of delivery in Hampshire in 20/21 is estimated to be 7.9%. This is a reduction from 19/20 (9.3%) and the lowest prevalence recorded to date.
- 40% of people who set a quit date with Smokefree Hampshire were from routine and manual occupations. Of those people in routine and manual occupations setting a quit date, 67% went on to successfully quit for 4 weeks.
- The Healthy Early Years Award was developed to engage early years practitioners in a whole settings approach to health. Five Rushmoor early years settings piloted the award, including topics on Healthy Weight and Healthy Eating, and Physical Activity and Active Play. This is now live to all early years settings in Hampshire and will be promoted further in 2022.
- The Physical Activity Strategy was launched in 2021. In the last year 47 clinicians have been trained through the Physical activity clinical champions training and 35 individuals trained through the supporting others to be physically active training for social prescribers.
- The Prevention and Inequalities Board selected physical activity as one of two priority focus areas. An action plan is being developed to embed physical activity training into workforce development and clinical pathways.

Next priorities

- ❖ Tackling the inequalities that lead to poorer health outcomes has to remain front and centre of our approach to prevention and self-care programmes.
- ❖ Cardiovascular disease prevention remains a priority for the Prevention & Inequalities Board across the ICS
- ❖ Important to restart programmes that have been paused while the system specifically needs to gear up for the Covid-19 impact on mental health and ensuring service capacity and resilience in the coming year.
- ❖ We will continue to ensure that we increase accessibility to digital tools and they are promoted further within the system
- ❖ As Hampshire & the Isle of Wight becomes an Integrated Care System ICS on 1 July 2022 there will be new opportunities to improve outcomes, tackle inequalities, enhance productivity and support community development. The Board should facilitate deeper integration across agencies as well as ensure its priorities are reflected in the forthcoming integrated care strategy.

Dying Well – Alex Whitfield

- [Theme Focus](#) and [Presentation](#) (October 2021)
- Following a deep dive presentation in October 2021, the following update is provided to the Health and Wellbeing Board.

Deliverables	Update	Frimley ICS Workstreams
Deliverable 1 EOLC Strategy	<ul style="list-style-type: none"> • EOLC self assessment tool kit used to measure Frimley ICS progress against the 6 ambitions. • This is completed every year to establish gaps and task and finish groups for the year. • 2022 is the third year for Frimley ICS using the assessment toolkit and there has been progress noted across all ambitions. 	
Deliverable 2 ReSPECT (Links Priority 1/2/4)	<ul style="list-style-type: none"> • ReSPECT was rolled out in August. • Data monitoring and review – report, follow up reviews, compliance and feedback. • Utilisation data is monitored regularly and it shows an increase across the system. • Ongoing promotion via Frimley ICS website. • Online training offered and face to face training is provided as necessary or when requested. 	
Deliverable 3 Education and Training (Links Priority 3)	<ul style="list-style-type: none"> • The steering group continuously reviews and identifies new training needs. • Ongoing promotion across the system on accessing training • Training Hub offering training support across the system. • Training data being maintained and reviewed. 	
Deliverable 4 Multicultural and EoLC (Links Priority 1)	<ul style="list-style-type: none"> • A booklet for staff “A Guide to reaching our communities in end of life care” published and circulated across the system. • Booklet can be accessed via Frimley website • Videos (films) to be created that focus on encouraging the public from different backgrounds to access EOLC. 	
Deliverable 5 Bereavement and Care after death (Links Priority 5)	<ul style="list-style-type: none"> • Planning more Death Fair sessions for 2022. • Supporting other areas that want to run Death fair sessions and sharing information. • Continue to attend Dying Matters awareness week activities to learn from other areas. 	

Deliverable 1 EOLC Strategy

Initial focus on completing the EOL Self-Assessment Tool & Matrix shared by National Team.

- EOLC self assessment tool kit populated to baseline HIOW ICS position against the 6 PEOLC ambitions.
- Top Gaps Identified including: a) **Shared Records** b) **Community Engagement** (Promoting discussion around death, dying and bereavement)
- Due to be completed annually, next in September 2022 to review/establish gaps and task and finish groups for year ahead.
- Following restructure of the ICS PEOLC Board, strengthening links to the wider ICS structure, development of a HIOW ICS Strategy has now been proposed

Deliverable 2 EOL Interoperability (Links Priority 1/2/4)

Focused on developing a technical solution to sharing information concerning PEOLC. Approach to enable operational delivery will need to follow.

- Business Analyst assigned. ICS have developed set of **User Requirements (including an EOL Dataset)** – signed off by Board
- Working closely with Wessex Care Record with specific funding stream to support workstream
- Series of Models considered in Options Paper – **formally approved development of a “Hybrid” model**
- WG have agreed to work up technical specification for long-term Hybrid Solution.
- Specific expertise requested of WCR to consider **immediate amendments to CHIE** against user requirements.
- Work aimed to support a short term and long term solution to support PEOLC patients.

Deliverable 3 Education and Training (Links P.3)

Focused on developing a Training and Education Model across ICS – targeted at specific bands initially.

- **Series of training sessions identified** for specific staffing groups from within existing HIOW offer.
- Working with HEE to build into existing platform and establish within **HEE Learning Pathways**
- Further engagement and communication planned to secure ICS wide commitment to this provision.

Deliverable 4 Community Engagement (Links P.1/3)

This group was initially focussed on how we work with our community to support development of PEOLC.

- Two Community Conversations held, commencing Summer 2021, recommendation being to focus on a **clearly defined group** – those at most risk of a poor experience of PEOLC.
- We will work with **people with a learning disability and those who support them** to design the solutions.
- We shall evaluate the impact of those changes with measures decided by people with a learning disability

Deliverable 5 Bereavement and Care after death (Links P.5)

- Learning shared from Frimley ICS around Death Fairs ran during 2021.
- Portsmouth and South East ran a series of targeted discussions around **Death for BAME community**
- Linking in with Libraries to hold a **series of Death Fairs in HIOW**.
- **Guidance for Volunteers** drafted for further discussion

In other News....

- **Dying Matters Week:** A number of events were held over 2nd – 6th May to support our professionals and wider community. This included opening ICS Board for Community to attend within HIOW ICS.
- **Thames Hospice Co-connect Bereavement Support** – Support for people whose bereavement has been adversely impacted by the pandemic now available across Frimley ICS.
- **Hospice Rapid Response Service** – Following a successful 3-month pilot, funding has been awarded to continue the service for a year - increasing capacity to support admission avoidance and system pressures across Frimley ICS.
- **Hospice Collaborative and Childrens and Young People Network established** to support further integration of PEOLC discussions across HIOW ICS.
- **EoLC and Homelessness pathway** –used across the system making sure people who are homeless have a choice about their care at End of life within HIOW ICS.
- **HIOW ICS PEOLC Board** – recently restructured to link in with newly established ICS governance structure - HIOW ICS Transformation Board.

Next Steps

Alongside the continuation of the Working Groups focused on delivery, reporting to ICS PEOLC Boards/Committees our ICS' will be working on:

Area of Work	Details	ICS Area
Data Dashboard	National team have shared framework of data requirements in May 2022 which ICS' will report against from Q2 onwards.	Frimley and HIOW
Dying Matters Week	A series of information sessions were offered to our community as part of Dying Matters Week (May 22). Inc. ICS Board opened to the Community. Share learning to inform plans for 2022/23.	Frimley and HIOW
Health and Care Bill	Following new of pending Health and Care Bill, approach to exploration of services offered by hospices being considered – core/specialist services delivered, gaps and areas for collaboration.	Frimley and HIOW
Death Fairs	Death Fair sessions topics are being translated into English videos first then later into other languages (Polish Urdu, Panjabi and Nepalese).	Frimley and HIOW
Self-assessment Tool & EOL Strategies	To be completed yearly to help identify gaps and opportunities. HIOW working to draft PEOLC ICS Strategy alongside this.	Frimley and HIOW
EoL Medicine Authorisation Charts	Different charts for the North and South in order to standardise paperwork used between providers, aim to reduce paperwork burden on prescribers & improve safety.	Frimley
Single Point of Contact	Models being developed across HIOW and group established to share learning to inform HIOW wide model.	HIOW